

Visiting Professor's Day 2025

**Department of Physical Medicine and Rehabilitation, university Hospital of
Ioannina, Ioannina, Greece**

Wednesday December 3rd 2025

Schedule

12:00 Tour of the Department

12:30 Rounds of patient rooms

13:00 Lectures

PRP injections Professor Hans Latta (20')

Spinal Cord Neuromodulation Assoc. Professor Adrian Popescu (20')

Radiofrequency ablation for knee osteoarthritis Assist. Professor Edwin Koshi (20')

7th Conference on Spinal Pain Rehabilitation: Interventions versus Surgery

December 4th 2025

Amphitheater of the University Hospital of Ioannina, Greece

09:00-15:00

Fundamentals of Spinal Pain

Anatomy-Biomechanics (Dimitrios Varvarousis) 20'

Pathophysiology-Preparation for procedure (Hans Latta) 20'

Pain due to neural compression

Epidural injections (Adrian Popescu) 20'

Decompression (Ioannis Gelalis) 20'

Pain due to facet arthritis-disc degeneration

Facet-disc interventions (Edvin Koshi) 20'

Fusion (Alexandros Brodis) 20'

Pain due to osteoporotic fracture

Kyphoplasty (Avraam Ploumis) 20'

Kyphosis corrective surgery (Pavlos Christodoulou) 20'

Rehabilitation

Postinterventional care (Georgios Vasileiadis) 20'

Postoperative care (Athanasios Kefalas) 20'

FACULTY

Alexander Brodis, Neurosurgeon, Consultant, University Hospital of Larissa and President of the Hellenic Spine Society

Pavlos Christodoulou, Orthopaedic Spine Surgeon, Consultant, Thessaloniki

Gelalis D. Ioannis, Professor of Orthopaedics-Spinal Surgery, Department of Orthopaedic Surgery and Traumatology, School of Health Sciences, Faculty of Medicine, University of Ioannina

Athanasios Kefalas, Orthopaedic Surgeon, Research Associate of PMR, University Hospital of Ioannina

Ploumis Avraam, Orthopaedic Surgeon, Professor of PMR, Division of Surgery, School of Health Sciences, Faculty of Medicine, University of Ioannina

Edvin Koshi, Assistant Professor, Physiatrist, Department of Medicine, Dalhousie University, Halifax, Canada

Hans J. Latta, Professor, Orthopaedic Surgeon, Orthopaedic Pain Clinic, Bayreuth, Germany

Adrian Popescu, Associate Professor, Physiatrist, Perelman School of Medicine, University of Pennsylvania, Philadelphia, USA

Dimitrios Varvarousis, Assistant Professor, Department of Anatomy, School of Health Sciences, Faculty of Medicine, University of Ioannina

Georgios Vasileiadis, Physiatrist, Consultant of PMR, University Hospital of Ioannina